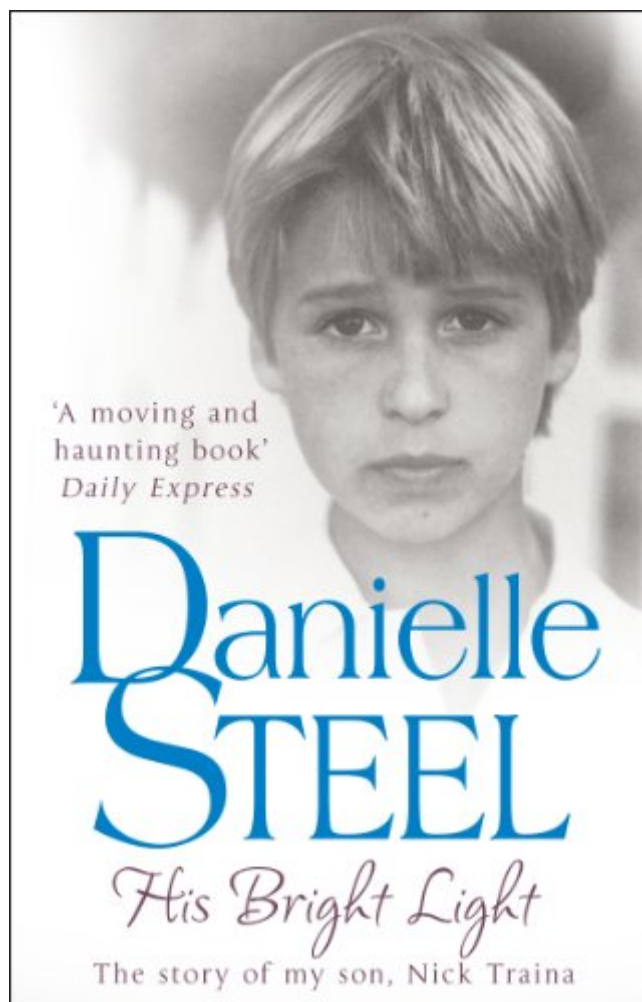


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# His Bright Light



## Synopsis

This is the story of an extraordinary boy with a brilliant mind, a heart of gold and a tortured soul. From the day he was born, Nick Traina was his mother's joy. By nineteen, he was dead. This is Danielle Steel's powerful story of the son she lost and the lessons she learned during his courageous battle against darkness. Sharing tender, painful memories, Steel brings us a haunting duet between and singular young man and the mother who loved him - and a harrowing portrait of a masked killer called manic depression. Nick rocketed through life like a shooting star. He spoke in full sentences at the age of one. He was a brilliant, charming child who never slept. His gift for writing was extraordinary, his musical talent promised a golden future. But by the time he entered junior high, he was hurtling towards disaster. His mother tried desperately to get him the help he needed - the opening salvos for what would become a ferocious battle for his life. At once a loving legacy and an unsparing depiction of a devastating illness, Danielle Steel's tribute to her lost son is a gift of life, hope, healing and understanding to us all. 'I want to share the story, and the pain, the courage, the love, and what I learned in living through it...My hope is that someone will be able to use what we learned, and save a life with it'

## Book Information

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## Customer Reviews

I have never read a book that has touched my heart like this did. I read this extraordinary story from this courageous mother three times now. I myself have been recently diagnosed with Bipolar disorder. I am not a child but in fact I am in my thirties with three children of my own. My level of manic depression isn't near to the same as Nick's was. I seem to run more manic than the suicidal. However, what goes up must come down. I have had great success with Lithium and live a happy normal life. While reading this story I can relate. As even though everybody with this disease is not going to be on the same level there are in fact similarities. One's which indeed start with us as a child. I know I took a very good look at my own childhood through this story and the signs were always there but as Ms. Steele went through how hard it is to know these are in fact signs. This book has you go through every emotion there is. I laughed, at her remarks about the doctors as it is indeed very true. There are so many out there, some good, some better, some stupid and some who just don't care. I even laughed when Nick left the camp and when he telephoned his mother and she asked where he was at and he was on the highway. That was me, if I told you they were not giving me my medication it was because they were not, and I couldn't understand anything else even though you may of thought it to be " a story" or " delusional " and if I said I was leaving the next call you got from me would have also been on the highway. At least I called! Then you also cry, even with this event. You can feel this mother, in her hotel room thousands and thousands of miles away, with all the other children, you feel her frustration, despair and the entire emotional experience.

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